Could you live without the basic comforts of modern living - electricity, hot water and modern plumbing, etc? Could you accept a culture that is very different from your own? Could you cope with being in a very unfamiliar place where you feel isolated? If you would be prepared to meet these challenges, then you could be opening the door to a personally enriching and life-changing experience by becoming involved in a unique and diverse group of activities in Nepal. 

For example, you could undertake voluntary work in dentistry by training and assisting qualified local people to undertake simple dental procedures, and also by teaching basic dental care in the local schools. There could also be a fantastic opportunity for you to provide back-up emergency dental care to some major projects. The region stretches across an area of 932 sq km and 10

by training dental hygienists, nurses, orthodontists, dental assistants, etc, in simple dental procedures, and also by training and assisting qualified local people to undertake simple dental procedures, and also by teaching basic dental care in the local schools. There could also be a fantastic opportunity for you to provide back-up emergency dental care to some major projects.

The region stretches across an area of 932 sq km and 10